



# Spa Treatments

## Treatment Facials

European Facial	\$95
Antioxidant Facial	\$125
Deep Cleansing and Acne Control Facial	\$125
Rosacea Management Facial	\$125
Signature Facial	\$125
Anti-Aging Facial	\$150
Microdermabrasion Facial	\$150
Express	\$60

## Light to Medium Depth Peels

Lactic Peel	\$100
Glycolic Peel	\$125
Antioxidant Peel	\$125
Salicylic/ Vitamin A Peel	\$125
Jessner Peel	\$125

## Medium Depth Peels

*These treatments require a consultation with an esthetician prior to scheduling an appointment. A 10-30 day skin preparation regimen and a 5-7 day post skin care regimen is required.*

Timeless Peel	\$250
Deep Sea Peel	\$250

## Massage Therapy

Traditional Swedish Massage	
30 minute	\$60
60 minute	\$80
90 minute	\$120

## Deep Tissue/Sports Massage

30 minute	\$60
60 minute	\$90
90 minute	\$135

## Combination Massage

30 minute	\$60
60 minute	\$90
90 minute	\$135

## Terramé Hot Stone Massage

60 minute	\$100
90 minute	\$150

Terramé Signature Massage	\$140
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## Reflexology Foot Massage

30 minute	\$60
60 minute	\$90

## Massage for Two

30 minute	\$120
60 minute	\$180
90 minute	\$270

## The Ultimate Massage

Express Massage -30 minute	\$60
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## Pre-Natal Massage (2nd/3rd trimester only)

30 minute (back/neck only)	\$60
60 minute (full body)	\$90

## Hydrotherapy

Moor Mud Bath	\$45
Coconut Milk & Lavender Bath	\$45
Salt Bath	\$45
Sports Soak	\$45

## Body Treatments

Body Lush Hydrating Mask	\$95
Signature Body Treatment	\$125
The Ultimate Scrub	\$60

**Call 256-319-3003 to make your appointment.**

### Arrival Time

*For spa services, your arrival time will be 15 minutes prior to your scheduled service to get a locker, change into a robe and slippers and fill out any necessary forms for your therapist. Relax and enjoy our complimentary water, tea and light snacks. Punctuality ensures that your services start on time and that they will be performed properly.*

### Your Comfort

*When enjoying our water and body treatments, women may wear as much or as little as they wish. However, men must wear a bathing suit. We provide free disposable spa treatment wear for women. Women may also choose to wear a bathing suit. What matters most is that you feel happily relaxed and completely at ease.*



# Salon Services

## Hair Salon

Stylist Menu	
Women's Haircut	\$50 & up
Men's Haircut	\$30 & up
Child's Haircut (under 12)	\$30 & up
Shampoo & Style	\$30 & up
Updo	\$70 & up

## Chemical Only Services a-la-carte

Foil Only	\$65 & up
Color Only	\$50 & up
Break the Base	\$25 & up
Toner	\$30 & up
Kérastase Step 1 Treatment Only	\$20
Add Style for	\$30 more
Kérastase Step 2 Treatment Only	\$30
Add Style for	\$30 more

*Professional Hair Care Products: Bumble & Bumble, Redken, Kérastase*

## Nails

Manicure Make-Over	\$40
Pedicure Make-Over	\$60
Hot Stone Pedicure	\$90
Reflexology Pedicure	\$90
Glycolic Manicure	\$90
Glycolic Pedicure	\$90
Paraffin Hand Treatment	\$35
Paraffin Foot Treatment	\$45

## Waxing

Chin	\$15
Brow	\$22
Lip	\$15
Cheeks	\$15
Full Back	\$70
Chest	\$50
Full Leg	\$90 & up
Half Leg	\$60 & up
Bikini	\$40 & up
Extended Bikini	\$65 & up
Full Arm	\$45 & up
Half Arm	\$35 & up
Under Arms	\$35 & up

## Professional Make-Up Services

Professional Make-up Lesson	\$70
Deluxe Consultation	\$35
Special Occasion Make-up	\$50

## The Bride

Trial Style Session with Veil	\$70
Trial Make-Up Application	\$50
Wedding Day Style	\$70
Wedding Day Make-Up Application	\$50

## The Terrame Gentleman

Men's Executive Fitness Facial	\$95
Deep Tissue/Sports Massage	
30 minute	\$60
60 minute	\$90
90 minute	\$135
The Executive Manicure	\$40
The Executive Pedicure	\$60
Terramé Signature Massage	\$140
The Ultimate Massage	\$135
The Terramé Gentleman	\$250

## Terrame Spa Packages

Mini Terramé	\$220
The Terramé Gentleman	\$250
Taste of Terramé	\$265
Mommy Magic	\$295
The Terramé Experience	\$325
Signature Terramé	\$375
Room For Two	\$530

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### Cancellations

*Because our technicians have reserved time especially for you, please provide 24 hours notice of cancellation for any individual service and 48 hours for a spa package cancellations in order to avoid being charged for the services.*